

VOICE OF THE RESIDENTS

VOL. XV, No. 9

BROADMEAD, COCKEYSVILLE, MD

MAY 1994



Photograph by Edith Rieder

BROADMEAD CAMERA CLUB
PRESENTS.....



David Matthews



Lehman Guyton



Robert Martin



Mary Beth Minden



Albert Cousins



Arnold Lundgren



Richard Lindenberg



Harry Patton



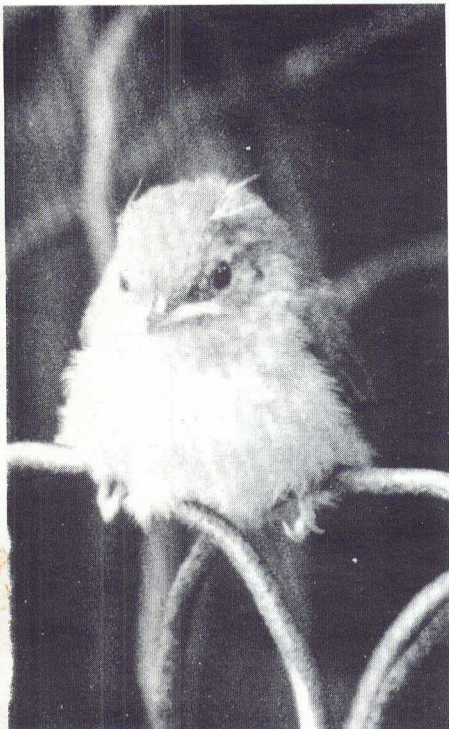
Walter Smith



Lehman Guyton



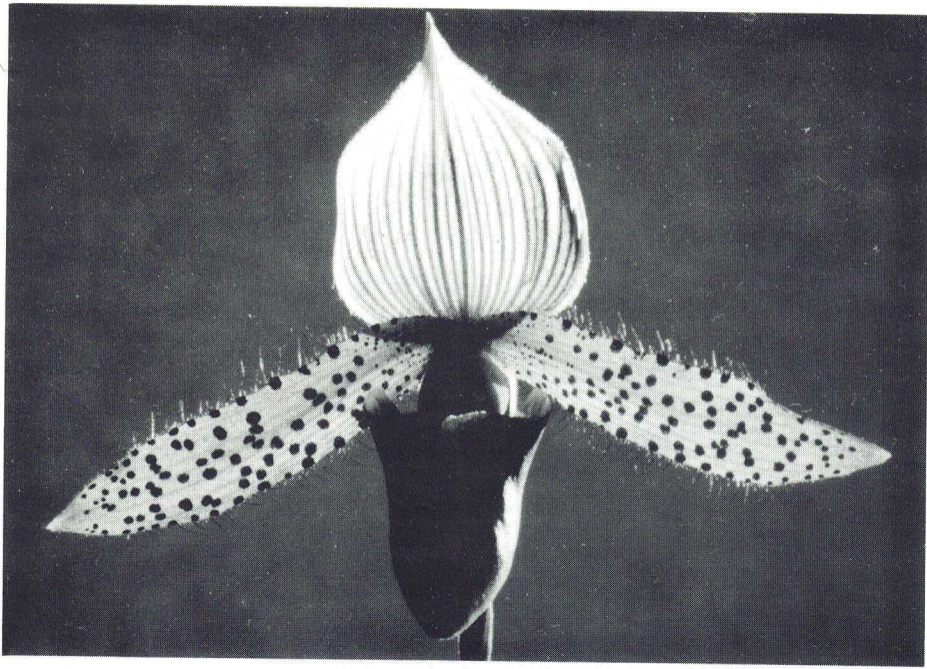
Darkroom Work by Amos Horney



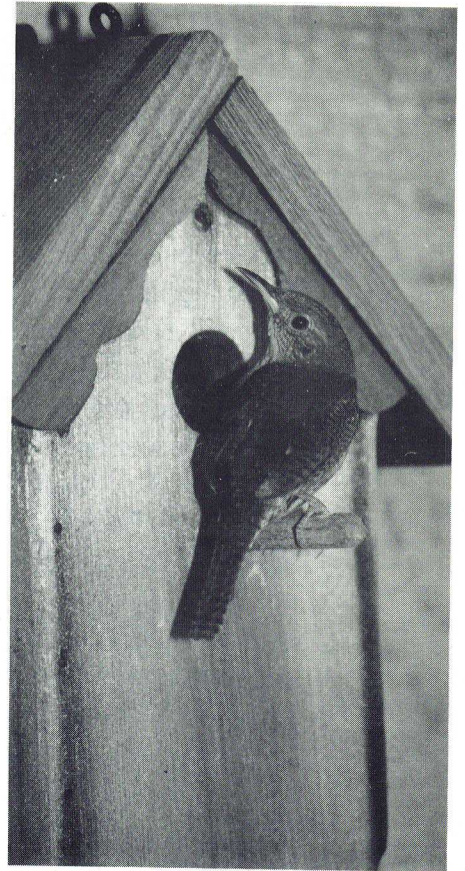
Edith Rieder



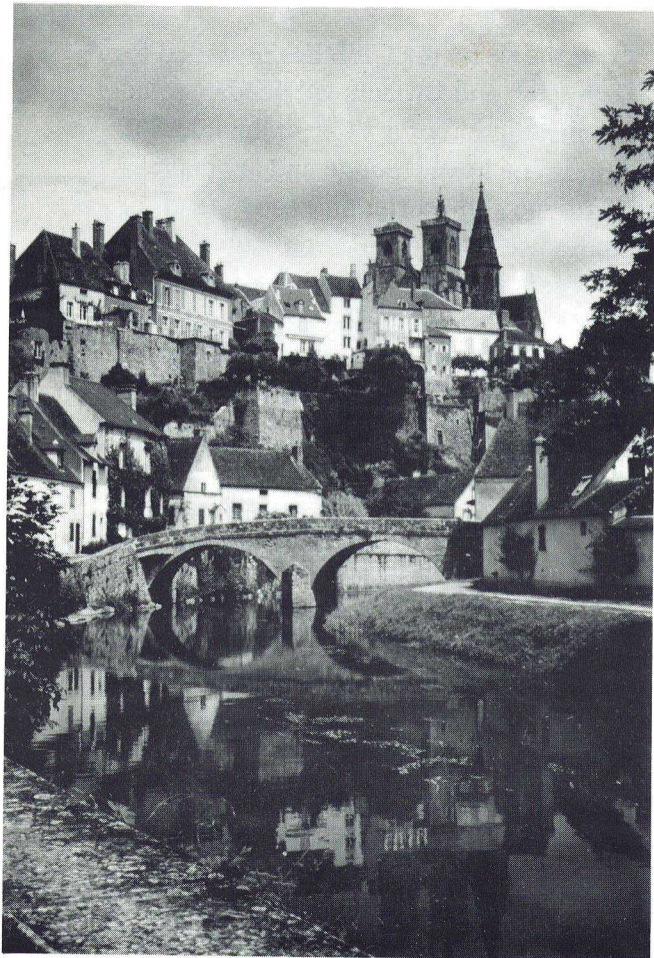
1985 Flood by Mary Craig



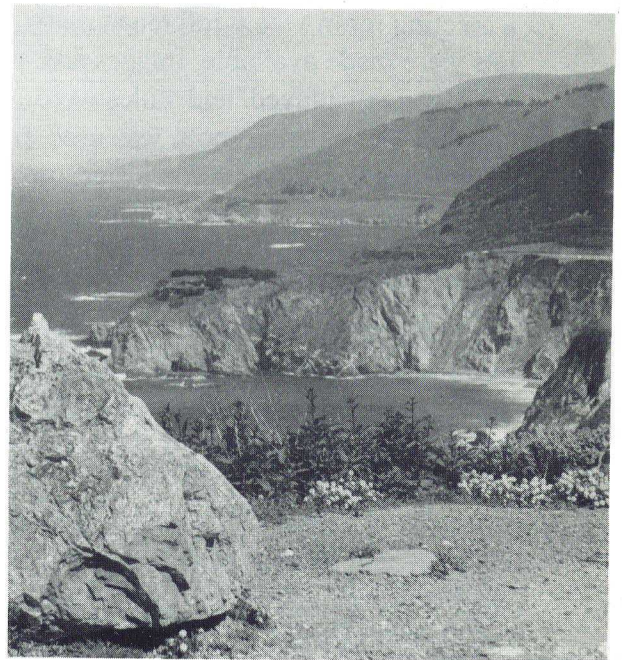
George Webb



Richard Lindenberg



Joye Jennings



Mary Beth Minden

BROADMEAD SHUTTERBUGS

The Broadmead Camera Club was organized in 1985 for the purpose of "pursuing informally the fun of photography." It was proposed that the activities include field trips, contests, service to other groups at Broadmead, and assistance to others in developing photographic skills. Membership was and is open to any Resident or Staff person interested in photography.

Over the years meetings have been held either on a regular or on-call basis, depending on Club projects and interests. Technical programs have been presented for members, and evening programs have been arranged for Residents. Membership has ranged from 12 to 26 individuals.

Originally the photographic facilities included a darkroom having 3-4 work stations; a well lighted studio with space for copying, mounting, and framing; and a meeting room where reference materials were made available, images and art work were displayed, and slides were shown. The meeting room was used by other Broadmead groups on a sign-up basis. Two years ago the meeting room was converted to a Personnel Office. The screen and library have been moved to the Seminar Room, which also serves as an entrance to work areas. At the same time the darkroom arrangement was enhanced.

From the beginning photos have been enlarged and displayed near the Coffee Shop entrance. The Club has also provided prints for the East Hall exhibits,

for the alcove in the lower hall, and for Hallowell and Taylor Halls. This has provided an opportunity for members to share their handiwork with others. The Club is now developing a lending library of enlarged color prints. One member, Lehman Guyton, has regularly documented Broadmead special exhibits and events.

Darkroom space is available to any Resident, upon request. Some equipment in the photo facility is owned by the Club and is available for general use. Other equipment is owned by individuals. Since photography is a very personal pursuit, shutterbugs treasure skills and products developed through use of their own equipment, and this desire is respected.

Over the years the Club has provided for both Club and Broadmead needs, including installation of a VCR in the television in the lower lounge and acquisition of a large slide sorter and copy stand for studio use. Some darkroom equipment has been donated by former members, and is available for all. Museum-quality photographic equipment acquired as gifts has been given to UMBC.

Reports for 1985-1989 include projects by Mary Craig, Virginia Heisey, Franc Beck, Leo Bridge, Lehman Guyton, Amos Horney, Richard Lindenberg, Harry Patton, Karolyn Huffman, Rose Rumford, Lefty Graham, Alicia Legg, Margaret Trueblood, Al Cousins, Bob Martin and Whiting Farinholt. By 1991 the membership had changed, but the focus of the Club continues. Broadmead's shutterbugs still "pursue the fun of photography." Join us!

Mary Beth Minden

ORIENTEERING-LITE #2

After "Aprille with his shoures soote"(that's Chaucerian for soft showers) has engendered flowers, Chaucer tells us, "thanne longen folk to goon on pilgrimages." Recognizing that "so priketh hem nature," the Trail Committee invites Staff, Trustees, Residents, and friends of Staff, Trustees and Residents to make their pilgrimages to our trails on May 11, our eleventh anniversary date.

We will set up our "lite" version of Swedish orienteering, as we did last year. There will be hidden "flags" to find, maps to help direct you, buddies to accompany you if you come alone, refreshments to perk you up at the focal point and the Summerhouse and flowers and birds to discover on your own. You can start at ten o'clock, sign in, get your instructions, go off on the trail of your choice -- Beech, Summerhouse, Dogwood or Ridge -- or try them all. The last walk will begin at 3:00 PM.

Even if you can't walk a trail, we hope you'll come to the focal point. There you can see samples of the flowers you might find on the trails, as well as the teakwood bench and the holly tree we placed several years ago and this year's latest addition, the sour gum tree.

Furthermore, you'll be able to judge how much damage this horrendous winter has done, how weekly our little packages of soap chips have protected rhodendrons from deer, how unstoppable erosion seems. If you're lucky, you'll hear the "smale foweles maken melody." And how can you beat this combination: trails, "flags," refreshments, flowers, maybe birds? Unless, of course, it rains, in which case, we have a rain date -- May 18.

- Sarah L. Cooper



BROADMEAD WELCOMES

FRANK and CECELIA (Stewart) CHANDLER
N-11 771-6439 March 1994

Frank and Ceal come to Broadmead from the Towson area, where they raised their family. Ceal is a native Baltimorean and a Goucher girl, and Frank a Philadelphian, who moved to Baltimore in time to attend Johns Hopkins University. The Chandlers have a daughter, four grandchildren and two great-grandchildren living near Boston and a son and two more grandchildren and a daughter in this area.

After college, Frank worked in the life insurance business until called to active duty in the Air Force when war was declared in 1941. He served for 33 months in New Guinea and was discharged as a Lt. Colonel in 1945. He returned to the insurance industry in which he spent his entire career, acting as General Agent for the Berkshire Life Insurance Co. He earned many awards in the industry and taught courses for Chartered Life Underwriters at Hopkins for 20 years.

Ceal was a homemaker and an active garden-clubber, serving as a judge in horticulture and floral design. Frank is a chess buff, and both Chandlers play duplicate bridge. They have done a great deal of traveling and expect to continue this hobby.

BELA and AGNES (Zamboky) VISY
N-2 584-2885 March 1994

The Visys (pronounced Vichy) were born in Hungary and came to America about 1950. After the loss of their respective mates and each raising a family, they were married some 14 years ago. Between them they have four children and three grandchildren who live from Newport News, Virginia to Pittsburgh, Pennsylvania with two in this area.

Bela is an architect who was educated in Hungary and who worked in New Jersey before coming to Baltimore to help design the BWI Airport conversion and the Baltimore subway.

Agnes left Hungary with her family, and after roaming about Europe, settled in Italy, and she attended school in France. When she came to America, she earned a bachelor's degree from Seton Hill College and then trained as an interpreter at the School of Linguistics of Georgetown University. She married an engineer and moved about the U.S. until settling in the Towson area. She then earned a master's degree in library science and worked in the Goucher, Peabody and Towson State libraries. Agnes is an avid needle-worker and is presently embroidering a wedding dress for her daughter, who will marry this spring.

Bela also returned to college after retirement and earned a bachelor of fine arts at Towson State. He is now interested in painting, photography and woodwork. Both of the Visys are music and theater lovers.

- Betsy Griffin

APARTMENT CHANGES:

Margaret Otis	C-1 to T-303
Ralph White	J-10 to J-11
Robert Mason	T-308 to H-261B

IN MEMORIAM

ANITA T. CORFMAN
September 25, 1896 - March 23, 1994

ETHEL F. SINGEWALD
January 1, 1895 - April 15, 1994



WHO ARE WE?

We are 415 diverse souls, living in harmony in this place called Broadmead. Among us are 63 couples and 96 men altogether. It certainly is not news to the men that they are outnumbered more than four to one.

We have sister combos, brother combos, brother-sister combos and two sets of twins. The twins - Dee Whiteford and Eddie Devereux and Jim and George Hart - head the parade. No problem distinguishing which is which, for Eddie and Dee wear their hair differently, and George and Jim do not look alike.

The Hardys - Claire and Mary and Kitty Harper are a trio of sisters. Then there are eight two-sister acts: Emily Abernathy and Bobbie Washington; Margaret Barall and Adda Gilbert; Helen and Katherine Dost; Betty and Peggy Pausé; Helen Mary Overstreet and Marjorie Scott; Marian Shapiro and Harriet Shelton; Cretia Shroat and Ginny Heisey and Esther Beck and Eleanor Requard.

Brother-sister combos are Jim and Virginia Coale, Haines Felter and Esther Mallonee, Sam and Alicia Legg, Eleanor Terry and John Parker and Kitty Anne Cover and Wilson Ballard.

Can you guess the most popular first name among us? No, not Mary, although we have 18 Marys. Elizabeth leads the pack as the most prevalent woman's name - 24 of them. Margaret comes second with 21. Then the Marys, followed by 13 Helens, ten Virginias and eight Katherines (or Catherines), and Dorotheys and Marians (Marions) at six each.

Believe it or not, there are more Georges, Roberts, Jameses, Edwards and Harrys than there are Williams.

Studying the directory tends to make one slightly cross-eyed, so the total number of different first names will have to remain uncounted. If anyone wishes to make that survey, pass it on.

- Helen Criley

WISDOM FROM O.P.D.

Jean Roberts came to Broadmead in 1980, and, in 1989, she became Coordinator of Out-Patient. She spoke to us on March 18, handing out an excellent outline of her talk, "Partnership in Drug Therapy." She urged all Residents to become more active in their own health care, to ask questions and to keep their own health records, to update their medication cards and to carry it to consultants' appointments.

There is a daily review by Out-Patient of all drug refills. Problems occur most often when several providers are used. 75% of interactions are predictable and avoidable by adjustment of the dose or use of an alternative drug. The 11% of the U.S. population over 65 take 33% of the prescribed drugs;

78% of them have one chronic disease; 30% of those have three or more such diseases.

Jean distributed a printed sheet, "Getting the Best Results from Your Drugs," which is here reprinted:

1. Check bottle for specific instructions.
2. Check for storage instructions.
3. Report unexpected symptoms such as rash, dizziness, headache, immediately.
4. Drug not working? Check with your M.D./N.P.
5. Don't stop taking your medicine.
6. Never let another person use your medicine.
7. Never take medicine prescribed for someone else.
8. Check labels every time before taking medication.
9. Destroy leftover medicine.

10. Keep a list of all drugs you are taking.
11. Ask for a medicine schedule.

Jean reported that 50% of what is said in an office visit is forgotten immediately, and 30% of elderly patients do not buy drugs prescribed. 40% of senior citizens either omit their medicines or under-use them. Many feel intimidated, don't understand and don't ask questions. There is a higher chance of adverse reaction in people over 80 years of age, and bottle labels are harder to read. (The average age at Broadmead is 83.)

Prescriptions may be picked up at the Reception Desk from 8:30 AM until noon and 1:00 to 6:00 PM on weekdays. Weekend hours are 8:30 AM to noon and 1:00 to 4:00. If a new drug is ordered after noon, it may be picked up on Hollowell after the late delivery (call to check).

Prescription costs at Broadmead run from \$22,000 to \$25,000 per month.

Jean advised that nicotine is an addictive substance and that both tobacco and alcohol interact with prescribed drugs. She urged Residents to use their influence on children to avoid smoking.

In the second section of her talk, Jean described our Out-Patient Department: Staff includes the Medical Director, four physicians, two nurse practitioners and four other employees, including the Office Manager, Cluster Nurse, Cluster Aide and OPD Nurse. Cross-training is practiced so that each Resident can be treated by every appropriate Health Staff person.

There is a continuity of care from Out-Patient to Hollowell and return to the Cluster. Do not hesitate to call Hollowell with your problem on weekends.

On Monday mornings, a joint meeting is a follow-up for Out-Patient from Hallowell Staff. A Wednesday morning meeting with representative Health Care Staff reviews and plans for temporary Hallowell patients and transition issues.

The office is open from 8:00 AM until noon and 2:00 to 4:00 PM, Monday through Friday. Help is always available for emergencies from noon to 2:00, and there is an answering machine for messages for a nurse or doctor.

Jean requested that "walk-ins" be avoided, since they interfere with scheduled appointments and increase waiting time. In an emergency, call Shelley, and she will alert the nurse or doctor.

The annual physical, including tests and blood work, serves as a preventive program, with recommended changes in medication, diet, exercise and lifestyle.

When traveling, Broadmead must be called at once in case of injury or illness.

In transition cases (from Clusters to second or third floor), a monthly meeting of an Admissions/Transitions Committee is held to consider possible needs and problems, with family present, if available.

Jean made her large audience feel secure and comfortable with her informative and caring talk.

- Paula Balser



CHANGING OF THE GUARD

The Broadmead grapevine, which is sometimes reliable, sometimes not, has already spread the news of the appointment of a new VOICE editor for 1994-95 (or for however long). You've heard it right! Harry Scott will succeed the present editor, and we have every expectation that he will fit the bill more than adequately. - RWB



SATURDAY EVENING PROGRAMS 7:15 PM -- Auditorium

May 7: "Eclipse Preview." JAMES O'LEARY, Director of Davis Planetarium, Maryland Science Center.

May 14: "The Holy Land Today." TERRENCE ALSPAUGH, Second Presbyterian Church, Baltimore, will give us a firsthand account of his recent trip.

May 21: "Mental Processing on a Higher Plane." DR. BENJAMIN S. CARSON, Neurosurgeon, Johns Hopkins Hospital.

BULLETIN BOARD

MOVIES

Tuesdays-7:15 PM-Auditorium

May 3: **THE SECRET GARDEN** - 103 min.
A young girl comes to live in a run-down Victorian house and finds an abandoned garden. She devotes herself to it and eventually changes the lives of everyone living there. Based on Frances Hodgson Burnett's classic children's book.

May 10: **AGE OF INNOCENCE** - 138 min.
Film from Edith Wharton's 1921 novel about a man from the upper strata who, though engaged to the right woman, falls in love with the wrong woman, and is gently, and then not so gently, nudged back into line, as his society prefers.

May 17: **THE FUGITIVE** - 111 min.
Harrison Ford, a prominent surgeon, is falsely accused of murdering his wife. When a road accident enroute to prison allows him to escape, he begins a desperate search for the one-armed man who killed his wife.

May 24: **KING OF THE HILL**-101 min.
A story of a 12-year-old living with his parents and a younger brother in a seedy hotel in the '30's. They have nearly nothing and live with the fear of losing what little they have. Aaron survives by wit and grit, circumstances having forced him to be responsible at a tender age.

May 31: **MY NEW GUN** - 99 min.
A smug and domineering husband, Gerald, buys his wife, Debbie, a dainty handgun she does not want. Debbie, who has felt that somehow life was passing her by, takes a new view of her life and especially of her marriage. A wry slice of suburban life with a good supporting cast.

VESPERS

Sunday, May 15, 4:30 PM - Lounge

Father Casimir Pugevicious

OPEN FORUM

Thursdays, 10:30 AM-Auditorium

May 19: "Humanitarian Military Intervention: Three Fallacies." JOE VOLK, Executive Director, Friends Committee on National Legislation.

May 26: "The Role of Government in Promoting Employment." ROBERT SPARKS.

MUSIC IN THE LOUNGE

Sunday, May 8, 1:45 PM: CASTAGLIA QUARTET, sponsored by Dr. R.C.Richter.

Thursday, May 12, 7:00 PM: "LET'S SING" with Ellen Jones, Pianist.

Sunday, May 22, 1:45 PM: NANETTE BUTLER SHANNON, Pianist.

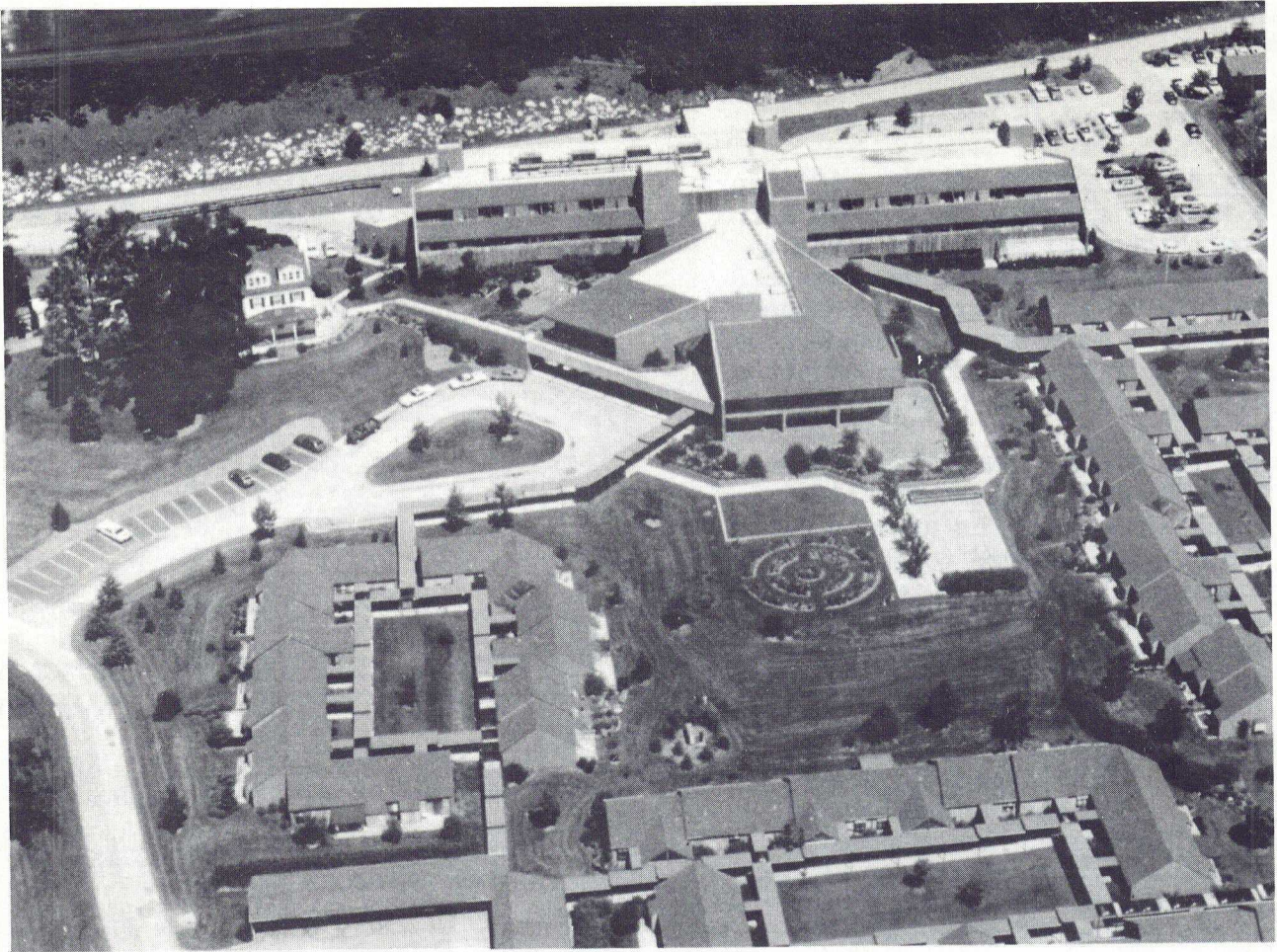
EAST HALL

The latest works of Broadmead's accomplished water-colorist, Bill Banks, will be on view from May 7 to June 11.

A THANK-YOU

We wish to express our appreciation to the Camera Club and especially to its chair, Mary Beth Minden, for providing us with a beautiful issue. The latter did all the layout, saving us (Judy and Ruthanne) no little time and effort. Bravo! - RWB

THE VOICE OF THE RESIDENTS is published monthly, September through June, by the Broadmead Residents Association, Jim Biddison, President. Ruthanne W. Baldwin, Editor. Production Staff: Judy Keyser, Marty Burton.



Aerial View by Mary Craig



Broadmead

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